



SEMINARE & RETREATS

Hotel Péz Regina – Val Lumnezia

For executive boards, leadership teams, decision makers and seekers of clarity.
Maximum 6 to 8 participants. Exclusive. Focused. Clear.

GENERAL FRAMEWORK:

Seminar Hours

- 09.00 am (upon request from 08.00 am) to 05.30 pm
- Lunch break: approx. 12.00 pm – 01.30 pm
- Morning and afternoon breaks flexible, during summer also on our sun terrace
- Breaks do not take place inside the seminar room

Seminar Room Includes

- Beamer & screen
 - Moderation toolkit
 - 2 flipcharts
 - Water in the room
 - Fresh fruit / vitamins in the room
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SEMINAR PACKAGES WITHOUT OVERNIGHT STAY

Half-Day Seminar without Lunch - 4 hours (morning or afternoon)

08.00 am – 12.00 pm or 01.30 pm – 5.30 pm

- Includes seminar room as described above

CHF 65 per person

Half-Day Seminar with Lunch - 4 hours (morning or afternoon)

08.00am – 12.00 pm seminar, followed by lunch or lunch first, followed by seminar 01.30 pm – 05.30 pm

- Seminar room as described above
- 2-course lunch (daily business menu)
- Table water during lunch

CHF 85 per person

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HOTEL-RESTAURANT PEZ REGINA - Nossadunna 1 – CH-7148 Lumbrein GR - beinvegni@pezregina – pezregina.ch



Full-Day Seminar without Overnight Stay

IMPULSE

09.00 am (optional from 08.00 am) – 05.30 pm

Includes:

- Seminar room as described above
- Welcome coffee with croissant
- Water in the seminar room
- Fresh fruit in the seminar room
- 2-course lunch (daily business menu)
- Table water during lunch
- Morning and afternoon break with light snacks

CHF 111 per person

1 Full Seminar Day + 1 Overnight Stay incl. Breakfast

FOCUS

CHF 222 per person

2 Seminar Days + 1 Overnight Stay incl. Breakfast

CLARITY

CHF 333 per person

3 Seminar Days + 2 Overnight Stays incl. Breakfast

DEPTH

CHF 444 per person

4 Seminar Days + 3 Overnight Stays incl. Breakfast

BREAKTHROUGH

CHF 555 per person

OPTIONAL

- Seminar moderation / strategic facilitation by host & Emotional Architect Stephan M. Porchet
- Strategic guidance, moderation and impulse setting
Exclusive of preliminary goal-setting session as well as preparation and follow-up

CHF 1,000 per day

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